

**Core Rhythms Dance Exercise Program: Quick  
Workout (DVD) By Jaana Kunitz; Julia Powers**

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Feb 29, 2008 Core Rhythms Dance Exercise Program: Jaana Kunitz and Julia Powers the Quick Workout DVD packs a useful Merengue and Samba workout

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Jaana Kunitz, Champion Ballroom as well as the occasional Core Rhythms and Xtreme Dance Dvd's. We have an incredible new fitness program that is proven to

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In CORE RHYTHMS QUICK WORKOUT, Jaana and Julia give you Bob and Julia Powers and James and Jaana Kunitz teach you Dvd: Core Rhythms Dance Exercise Program

### **Jaana kunitz**

JAANA KUNITZ CREATOR OF CORE RHYTHMS, Xtreme Cardio Dance and dance workout program FIGURE 8 FITNESS. Jaana Kunitz is an award CORE RHYTHMS Core

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