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Richard Miller, PhD, author of Yoga Nidra: The Meditative Heart of Yoga and Integrative Restoration iRest 6-CD Set, is a contemporary spiritual teacher of nondualism

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International Association of Yoga Therapists Integrative Restoration Institute Richard C. Miller, Ph.D. (born 1948) is a clinical psychologist, author,

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Richard Miller, PhD, Richard is the founding president of the Integrative Restoration Richard serves as a research consultant studying the iRest Yoga Nidra

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