

**USTA Mental Skills And Drills Handbook By Mark
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Title: USTA Mental Skills and Drills Handbook Author: Larry Lauer, Daniel Gould, Paul Lubbers, Mark Kovacs

Larry lauer- mental skills specialist |

Dr. Larry Lauer is the mental skills specialist for USTA Player Larry was the lead editor for the USTA Mental Skills and Drills Handbook published by Coaches

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understanding the physical and mental demands of drills within a Drills, Matchplay, Mental Skills, Performance Conference, Dr. Mark Kovacs,

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